

Editors	Rainer Krause, Professor of Psychology, Saarbrücken, Germany Serge Sulz, Prof. Dr.med. Dr.phil., München, Germany
Published by:	CIP-Medien Nymphenburger Str. 185 D-80634 München Tel. 049-89-130793-13 , Fax 049-89-132133 email: CipMedien(at)aol(dot)com
ISSN	1435-9464
Conditions of subscription:	Payment in advance by credit card or cheque
Issues:	One per year
Prices:	15 Euro/year

Consulting Advisors

Consulting Advisors - Scientific Council:

Boothe, Brigitte, Professor, Zürich, Switzerland

Carta, Stefano, Professor, Cagliari, Italy
Goldwurm, Gian-Franco, Milano, Italy
Cottraux, Jean, Professor, MD, PhD, Lyon, France
Götestam, Gunnar, Professor, Trondheim, Norway
Grosclaude, Michèle, Dr. Strasbourg, France
Kryspin-Exner, Ilse, Professor, Vienna, Austria
Lenz, Gerhard, Professor, Vienna, Austria
Nardi, Bernardo, Professor, Ancona, Italy
Nestoros, Joannis, Professor, Heraklion, Greece
Öst, Lars-Göran, Professor, Stockholm, Sweden
Tringer, László, Professor, Budapest, Hungary
Verhofstadt-Denève, Professor, Gent, Belgium
Wells, Adrian, Professor, Manchester, Great Britain
Young, Robert, Professor, Sheffield, Great Britain
Zapkin, Professor, Moskow, Russia

Submission Guidelines

Submission Guidelines – Instructions to Authors

This is a European journal devoted to practice and research in psychotherapy. It publishes original research, clinical reports, and case studies as well as theoretical contributions, reviews and letters to the editor concerning previously published articles.

Manuscripts (three copies) may be submitted to one of the editors, for example to

Prof. Dr. Dr. Serge K.D. Sulz, Nymphenburger Str. 185, D-80634 München, Germany, [cipmedien\(at\)aol\(dot\)com](mailto:cipmedien(at)aol(dot)com)

You can send manuscripts **first in your own language**, if this is the language of a member of the scientific council (France, Greece, Hungary, Italy, Norway, Russia, Sweden, or a German speaking country). After the reviewer has agreed publication, translation to English language is needed by a professional translator or a native English speaking

psychotherapist. Please do not translate yourself.

Submitted manuscripts are subject to **two peer reviews** and may be returned to authors for revision.

If accepted for publication, **copyright** of the article, including the right to reproduce the article in all forms and media, shall be assigned to the publisher of European Psychotherapy.

Manuscripts should be prepared with **APA-Format** (Publication Manual for the American Psychological Association, 4th Edition, 1994).

Reference citations should follow APA-conventions:

Several theoretical approaches were elaborated (Beck, 1970; Abramson, Seligman et al., 1978).

Reference list should follow APA-conventions:

References

Barlow, D. H. (1988). Anxiety and its disorders. New York: Guilford Press.

Beck, J. G & Scott, S. K. (1988). Physiological and symptom responses to hyperventilations. *Journal of Psychopathology and Behavioral Assessment*, 10, 117-127.

Reiss, S., & McNally, R. J. (1985). The expectance model of fear. In R. R. Bootzin & S. Reiss, (Eds.), *Theoretical issues in behavior therapy* (pp. 107-121). New York: Academic Press

Title page should include the title of the article, first and second name of the authors (no academic titles), the institution where the work was conducted, a summary in English language, up to 5 key words.

Footnotes should be avoided.

Tables should be numbered using arabic numerals. Each table must be cited in the text ("As Table 3 shows ..."). Below the Table number please give a short description of the table:

Table 2

Inference statistical and descriptive parameters for the structural models including the latent variables depressivity and dysfunctional attitudes

Figures should be numbered using arabic numerals, and should be cited in the text. As we cannot draw or paint your figures once more, please send a file on a disc or by e-mail. The size of the figure should be as small as possible.

Proofs (two copies) are sent to the first author and one copy should be returned soon.